

**SAN ROQUE
MOBILEHOME
PARK**

**5700 Via Real
Carpinteria CA 93013**

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THIS MONTH

- NATIONAL NUTRITION MONTH
- NATIONAL CRAFT MONTH
- WOMEN'S HISTORY MONTH

OFFICE HOURS

Monday-Friday:

9am-12pm

Rent Collection:

Mon 2nd - Thurs 5th

9am-5pm

Rent is due on the 1st of each month and considered late if received after 5:00pm on the 5th of each month.

PLEASE MAKE YOUR PAYMENT FOR THE EXACT AMOUNT, CLEARLY and LEGIBLY. BE SURE TO DOUBLE CHECK THE AMOUNT, DATE and SIGNATURE.

MARCH 2020

PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
VISIT US ONLINE WWW.SANROQUEMHP.COM



It's National Nutrition Month!

The theme this year is "Bite Into a Healthy Lifestyle." Feeling inspired but not sure where to start? Here are a few great ways to build a healthy lifestyle...

- **Make Smart Choices.** Do you know what's really in your food? How many calories? How many nutrients? The more you know, the wiser your decisions can be. If you're shopping in the grocery store, look at the Nutrition Facts labels of foods before you put them in your cart. If you're dining out, look up the menu online.
- **Eat and Drink Fewer Calories.** Keep empty calories to a minimum and focus on foods like fresh fruits, fresh vegetables, lean protein sources, low-fat dairy products, and whole grains. These are all keys to a healthful and balanced diet that's rich in nutrients.
- **Remember to Exercise!** When you exercise regularly, you reduce your risk of chronic diseases like diabetes and heart disease while increasing your chances of sleeping better and living longer.

<http://foodandhealth.com>

REMINDERS:

- * Please remember that your driveway and surrounding areas around your home need to be clear of all items not listed below.

11.5(b) Patio furniture, bicycles, and barbecue equipment in good condition are the only objects which may be stored outside the mobile home. Items such as, but not limited to; tools, trash, debris, boxes, barrel, brooms, ladders, and anything else deemed unsightly or unattractive by management shall be stored out of view at managers request.

- * Please keep in mind that all cars need to be in your mobile home driveway. **NO** parking is allowed on the street in front of your space. It blocks the street for the neighbors around you, as well as emergency vehicles that need access to our streets at all times. We will be enforcing this throughout the year and would appreciate everyone's assistance!

- * Please Remember that any guest staying with you longer than 20 consecutive days or a total of 30 days in a calendar year must be registered with the park.

- * Please keep your space free of weeds and debris. Now is a great time to organize your area, get rid of what you don't need, and help make the park look beautiful for everyone to enjoy. Thank you for your cooperation with this!

REMINDER:

Sunday, March 8th

Turn your clocks forward



Sudoku Rules

Each column must contain all of the numbers 1 through 9 and no two numbers in the same column can be the same.

Each row must contain all of the numbers 1 through 9 and no two numbers in the same row can be the same.

Each block must contain all of the numbers 1 through 9 and no two numbers in the same block can be the same.

		8	1					
4				7	1			
	5				6		3	
		1		8	9	7		
3						8	1	
			6	4				
		3				6		
7	9		5					4

4	1	3	6	8	5	2	9	7
5	2	8	3	9	7	4	1	6
9	6	7	1	2	4	3	8	5
2	3	5	4	1	6	9	7	8
1	8	4	9	7	2	5	6	3
6	7	9	8	5	3	1	4	2
3	9	6	2	4	8	7	5	1
8	1	5	7	9	3	6	2	4
7	4	2	5	6	1	8	3	9

General Info:

- ◆ **Please follow up** with removing any weeds and trimming down your plants, or bushes.
- ◆ Check gutters for growing weeds and debris.
- ◆ **DOGS off leash is prohibited.** Make sure your dog is not getting out and using other property homesites to go to the bathroom.
- ◆ Many homes are in need of a pressure wash. Please take time to do this.
- ◆ EJJARRISON will do 1 **FREE PICK UP** a year. If there is anything you notice and want to get rid of, schedule with EJJarrison directly for your free yearly pick up—805-647-1414.
- ◆ When writing your check to pay the space rent: **PLEASE** be sure to fill out the complete check **WITH** the correct amount due.
- ◆ It is very **IMPORTANT** to submit any concerns, complaints or changes to our office in writing. This document will need to be signed and dated by the resident/owner.
- ◆ **Only** manufactured swim wear is permitted in the pool. **No T-shirts, cut-offs, shorts, or jockey shorts** are permitted in the pool. Also, **no diapers**. Also please remember tie your hair up.
- ◆ All residents must have pool key with them while in the pool area. Please do not let other people in that don't have their key.

NO PARKING ON COMMUNITY STREETS

As per Park rules and the California Code of Regulations, parking is not permitted on Park streets. Cars left on Park streets are subject to towing at car owners expense.

Guest parking is for guests only.

Residents parking in the Guest parking area are subject to towing at owners expense. Residents must park in their own space. Parking partially in the street or on landscaping is not permitted.

NO
STREET
PARKING

Please be courteous to your neighbors by stopping at all stop signs and slowing down while driving through the Park.

THE MARKET PLACE



If you have something to sell, consider using Park Watch's own Market Place. It's FREE!

Simply come into the office, provide us with product and contact info and we will advertise it for you!

So whether you need to sell the car or get rid of some furniture, the market place is the place to go.



Please submit items for sale no later than the 10th of each month

**Pacifica
Homes**

**YOUR # 1 MOBILE HOME DEALER IN
SAN ROUQE MHP**

WE SPECIALIZE IN BRAND NEW HOMES & REPLACEMENT HOMES.
ASK ABOUT OUR PACIFICA HOMES "SIGNATURE SERIES".

FOR INQUIRIES, OR TO SELL YOUR HOME,
PLEASE CONTACT US:

(805) 804-3540

sales@pacificahomesinc.com

4682 Calle Bolero Suite C
Camarillo, CA 93102

www.pacificahomesinc.com



MARCH

Local Happenings:

Thursdays: Carpinteria Farmer's Market
Winter Hours: 3:00pm - 6:00pm.
800 block of Linden Ave, Carpinteria CA
www.sbfarmersmarket.org

Santa Barbara Cars and Coffee

Every Sunday morning
Hours: 8:00am-10:00am
La Cumbre Plaza
(La Cumbre Ave & State Street)
sbcarscoffe@gmail.com



Carpinteria Museum Marketplace

March 28th
Hours 8:00am to 3:00pm
956 Maple Avenue, Carpinteria

Frozen II

Sunday, March 29th
Hours: 3:00pm-4:45pm
Tickets: \$7.00
Visit www.thealcazar.org for more information



City of Carpinteria Council Meetings

9th & 23rd at 5:30pm

Park Happenings:

DONUT DAY -
Monday, March 2nd



SPONSORED BY PACIFICA HOMES.
Looking to trade-in or sell your old home? Stop by the office for a donut and more information.



Benefits of Good Night's Sleep

- Improves your mood and emotional well-being
- Boosts your immune system
- Controls your weight
- Protects your heart health
- Increases your performance on the job or in school.

