

**SAN ROQUE
MOBILEHOME
PARK**
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THIS MONTH

- NATIONAL HEART MONTH
- NATIONAL GRAPEFRUIT MONTH
- NATIONAL CHERRY MONTH

OFFICE HOURS

Monday-Friday:

9am-12pm

Rent Collection:

Mon 1st - Fri 5th

9am-5pm

Rent is due on the 1st of each month and considered late if received after 5:00pm on the 5th of each month.

PLEASE MAKE YOUR PAYMENT FOR THE EXACT AMOUNT, CLEARLY and LEGIBLY. BE SURE TO DOUBLE CHECK THE AMOUNT, DATE and SIGNATURE.

FEBRUARY 2021

PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
VISIT US ONLINE WWW.SANROQUEMHP.COM



February is... National Grapefruit Month!



During the month of February, get your fill of the ruby reds because it's National Grapefruit Month!

These citrus fruits range from white to red and sweet to tart but add a brightness to the tongue that will make anyone perk up. And, grapefruits are extremely healthy for you. High in vitamin C and A, grapefruits also pack potassium. They contain no cholesterol or sodium and only 52 calories per serving.

This month, celebrate by eating all the grapefruit you want and enjoy this tart snack guiltfree!

Try one of the several varieties of grapefruit until you find one you like. Want a few more excuses? Here you go.

Grapefruit is loaded with Vitamin C, and is friendly to basically any and every diet on the planet. It's cholesterol-free, fat-free, gluten-free, vegan, full of antioxidants, and the list goes on.

Its trees are packed with the fruit. One grapefruit tree can produce more than 1,500 pounds of fruit.

The majority of the world's grapefruit is grown right here in the USA, most of it in Florida.

FEBRUARY

Local Happenings:

Thursdays: Carpinteria
Farmer's Market
Hours: 3:00pm - 6:30pm.
800 block of Linden Ave,
Carpinteria CA
www.sbfarmersmarket.org



Carpinteria Museum Marketplace
February 27
8:00am-3:00pm
www.carpinteriahistoricalmuseum.org

Beach Yoga

Saturdays & Sundays
9:30am
East Beach
1118 E. Cabrillo Blvd
Santa Barbara
Visit www.santabarbarabeachyoga.com
for more information



The Painted Cabernet

Zoom classes are live, allowing you to ask questions and interact.
For more information and class schedules visit www.paintedcabernet.com



City Council Meetings:

11th & 25th— 5:30

Park Happenings:

Stop by the office for a snack
Monday 1st — Friday 5th.

We look forward to seeing you!

Sponsored by Pacifica Homes

Looking to trade-in or sell your old home?
Stop by the office for a donut and more information.



EMERGENCY ALERTS SANTA BARBARA COUNTY



If you have not already done so, please encourage friends, family and neighbors to register to receive these alerts too!

Sign up for emergency alerts from
Santa Barbara County at
www.awareandprepare.org

Please do not over fill your trash bins it creates a mess on our streets and brings unwanted guests.



REMINDERS:

- * Please remember that your driveway and surrounding areas around your home need to be clear of all items not listed below.

11.5(b) Patio furniture, bicycles, and barbecue equipment in good condition are the only objects which may be stored outside the mobile home. Items such as, but not limited to; tools, trash, debris, boxes, barrel, brooms, ladders, and anything else deemed unsightly or unattractive by management shall be stored out of view at managers request.

- * Please keep in mind that all cars need to be in your mobile home driveway. **NO** parking is allowed on the street in front of your space. It blocks the street for the neighbors around you, as well as emergency vehicles that need access to our streets at all times. We will be enforcing this throughout the year and would appreciate everyone's assistance!
- * Please Remember that any guest staying with you longer than 20 consecutive days or a total of 30 days in a calendar year must be registered with the park.
- * Please keep your space free of weeds and debris. Now is a great time to organize your area, get rid of what you don't need, and help make the park look beautiful for everyone to enjoy. Thank you for your cooperation with this!

Happy
Valentine's
Day

Sunday,

February 14th

Fun Facts:



- The average tree has 7,000 cherries
- The world record for cherry-pit spitting is 93 feet
- Washington grows an estimated 62% of our cherries
- Michigan grows more than 50% of our tart cherries (for cooking)
- A cherry tree can survive and produce fruit around 100 years
- January is National Chocolate Covered Cherry Day
- There are more than 1,000 varieties of cherries



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4682 Calle Bolero Suite C
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President's Day, Monday, February 15th

W F N O X I N O S I R R A H W W E S
 I O J Q A D A M S N C O O L I D G E
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|---------------|----------------|-------------------|--------------|
| 1. Washington | 13. Fillmore | 25. McKinley | 37. Nixon |
| 2. J Adams | 14. Pierce | 26. T Roosevelt | 38. Ford |
| 3. Jefferson | 15. Buchanan | 27. Taft | 39. Carter |
| 4. Madison | 16. Lincoln | 28. Wilson | 40. Reagan |
| 5. Monroe | 17. A Johnson | 29. Harding | 41. G H Bush |
| 6. J Q Adams | 18. Grant | 30. Coolidge | 42. Clinton |
| 7. Jackson | 19. Hayes | 31. Hoover | 43. G W Bush |
| 8. Van Buren | 20. Garfield | 32. Hoover | 44. Obama |
| 9. W Harrison | 21. Arthur | 33. F D Roosevelt | 45. Trump |
| 10. Tyler | 22. Cleveland | 34. Truman | |
| 11. Polk | 23. B Harrison | 35. Eisenhower | |
| 12. Taylor | 24. Cleveland | 36. Kennedy | |