

**SAN ROQUE
MOBILEHOME
PARK**

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Carpinteria CA 93013**

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THIS MONTH:

- NATIONAL CARROT CAKE DAY (2/3)
- NATIONAL KITE FLYING DAY (2/8)
- NATIONAL MAKE A FRIEND DAY (2/11)
- NATIONAL STRAWBERRY DAY (2/27)

OFFICE HOURS

Monday-Friday:
9am-12pm

Rent Collection:
Tues 1st—Fri 4th
9am-5pm

Rent is due on the 1st of each month and considered late if received after 5:00pm on the 5th of each month.

PLEASE MAKE YOUR PAYMENT FOR THE EXACT AMOUNT, CLEARLY and LEGIBLY. BE SURE TO DOUBLE CHECK THE AMOUNT, DATE and SIGNATURE.

FEBRUARY 2022
PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
VISIT US ONLINE WWW.SANROQUEMHP.COM



Time Management

Do you ever feel like there's not enough time in the day? Time management is the process of organizing and planning how to divide your time between different activities. Get it right, and you'll end up working smarter, not harder, to get more done in less time—even when time is tight .

Need help with time management?

Here are some tips to help you get started:

- Run errands one day a week during the day rather than in the evening
 - Make your lunch the night before
 - Spend time planning what you will wear for the week
- Use a laundry sorter to save time sorting whites, darks and delicates
- Come up with a wash-day schedule that you can manage
- Limit your time on emails or searching the web. Use a timer if necessary
 - Get everyone in the family on a routine for waking up, showering, bedtime, etc.
 - Split household chores between all family members
- Check your shopping habits. The more stuff you have, the more you need to clean and maintain

United States of America

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ALABAMA	IDAHO	MINNESOTA	NORTH DAKOTA	VERMONT
ALASKA	ILLINOIS	MISSISSIPPI	OHIO	VIRGINIA
ARIZONA	INDIANA	MISSOURI	OKLAHOMA	WASHINGTON
ARKANSAS	IOWA	MONTANA	OREGON	WEST VIRGINIA
CALIFORNIA	KANSAS	NEBRASKA	PENNSYLVANIA	WISCONSIN
COLORADO	KENTUCKY	NEVADA	RHODE ISLAND	WYOMING
CONNECTICUT	LOUISIANA	NEW HAMPSHIRE	SOUTH CAROLINA	
DELAWARE	MAINE	NEW JERSEY	SOUTH DAKOTA	
FLORIDA	MARYLAND	NEW MEXICO	TENNESSEE	
GEORGIA	MASSACHUSETTS	NEW YORK	TEXAS	
HAWAII	MICHIGAN	NORTH CAROLINA	UTAH	



FEBRUARY

Local Happenings:

Thursdays: Carpinteria Farmer's Market
Winter Hours: 3:00pm - 6:30pm.
800 block of Linden Ave
www.sbfarmersmarket.org



Downtown State Street Promenade Market

Santa Barbara

Every Thursday

Hours: 3pm-7:30pm

900-1000 Blocks of State Street

(between Carillo & Figueroa)

Enjoy small, local retailers in a safe outdoor environment.



DOWNTOWN
SANTA BARBARA

HELP of Carpinteria needs your help

**VOLUNTEERS
NEEDED**

HELP is a nonprofit transportation service that helps those unable to drive themselves. This volunteer-run service helps locals run errands or get to appointments.

HELP is looking for volunteer drivers and dispatchers to work 2-4 hours a week.

To learn more about volunteering, call (805) 684-0065.

Monday—Friday 8:00am—4:30pm

City of Carpinteria Council Meetings—

Monday, 21st— 5:30pm

Park Happenings:

SNACK DAYS:

Tuesday 1st—Friday 4th

We look forward to seeing you!

SPONSORED BY PACIFICA HOMES

Looking to trade-in or sell your old home?
Stop by the office for more information.



Did you know?



- Tart cherries are a great part of a healthy diet
- Recent studies show that tart cherries are a super fruit that have anti-inflammatory benefits
- They can help elevate pain from gout as well as arthritis
- Tart cherries help reduce blood cholesterol levels, body weight and fat
- Eating cherries or drinking tart cherry juice may help improve your sleep quality
- Research shows that anti-inflammatory and antioxidant compounds in cherries may help relieve muscle pain, damage and inflammation



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REMINDERS:

- * **Please remember that your driveway and surrounding areas around your home need to be clear of all items not listed below.**
11.5(b) Patio furniture, bicycles, and barbecue equipment in good condition are the only objects which may be stored outside the mobile home. Items such as, but not limited to; tools, trash, debris, boxes, barrel, brooms, ladders, and anything else deemed unsightly or unattractive by management shall be stored out of view at managers request.
- * **Please keep in mind that all cars need to be in your mobile home driveway. NO parking is allowed on the street in front of your space. It blocks the street for the neighbors around you, as well as emergency vehicles that need access to our streets at all times. We will be enforcing this throughout the year and would appreciate everyone's assistance!**
- * **Please Remember that any guest staying with you longer than 20 consecutive days or a total of 30 days in a calendar year must be registered with the park.**
- * **Please keep your space free of weeds and debris. Now is a great time to organize your area, get rid of what you don't need, and help make the park look beautiful for everyone to enjoy.**

**NO PARKING ON
COMMUNITY STREETS**

**NO
STREET
PARKING**

As per Park rules and the California Code of Regulations, parking is not permitted on Park streets. Cars left on Park streets are subject to towing at car owners expense.

Guest parking is for guests only.

Residents parking in the Guest parking area are subject to towing at owners expense. Residents must park in their own space. Parking partially in the street or on landscaping is not permitted.

Please be courteous to your neighbors by stopping at all stop signs and slowing down while driving through the Park.

Groundhog Day



Wednesday, February 2nd

The Groundhog really can predict the end of winter. Just not with his shadow, groundhogs hibernate every winter., the fact that he'd bother to leave his hideaway is a natural sign of spring to come!

Punxsutawney Phil is just a nickname.

Phil is the official groundhog forecaster on February 2, but many states have their own (like New York's Pothole Pete).