### SAN ROQUE MOBILEHOME PARK

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#### THIS MONTH:

- NATIONAL SPAGHETTI DAY (1/4)
- NATIONAL BUBBLE BATH DAY (1/8)
- NATIONAL BAGEL DAY (1/15)
- NATIONAL POLKA DOT DAY (1/22)
- NATIONAL PUZZLE DAY (1/29)

OFFICE HOURS
Monday-Friday:

9am-12pm

Rent Collection:

Tues 3rd—Thurs 5th 9am—5pm

Rent is due on the 1st of each month and considered late if received after 5:00pm on the 6th of each month.

PLEASE MAKE YOUR
PAYMENT FOR THE EXACT
AMOUNT, CLEARLY and
LEGIBLY. BE SURE TO
DOUBLE CHECK THE AMOUNT,
DATE and SIGNATURE.

# JANUARY 2023 PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
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# Cold and Flu Season is Here Tips to stay healthy

There are two things we can count on in the winter—cold weather and stuffy or runny noses. Winter is prime time for spreading diseases since more people are staying indoors and spreading germs to others.

The common cold and influenza are prevalent in the winter months. Fortunately, there are things you can do to avoid getting sick.

Both the common cold and the flu are caused by viruses that infect your airways. Most people have experienced the common cold in their lifetime. Symptoms include runny or stuffy nose, itchy or sore throat, cough, congestion, slight body aches or mild headache, sneezing, watery eyes, mild fatigue and low-grade fever.

Unlike a regular cold, the flu comes on suddenly over a few hours. See your doctor right away if you think you may have the flu because it is treatable for the first few days only. If you wait, it can take up to three weeks to recover.

### What can you do to prevent a cold and the flu?

Using good health habits can help prevent the cold and the flu. It's important to wash your hands frequently and cover your cough and sneezes.

If you suspect you have the flu, stay home when you're sick to prevent spreading it to others.

# **JANUARY**

## **Local Happenings:**

Thursdays: Carpinteria Farmer's Market

Hours: 3:00pm - 6:30pm. 800 block of Linden Ave www.sbfarmersmarket.org



#### Santa Barbara Zoo Lights

Now—January 15 Santa Barbara Zoo 500 Niño's Drive



Visit the first ever Zoo Lights!

Walk through the Zoo and enjoy the illuminated lanterns showcasing animal and nature scenes that represent wild places from around the world.

www.sbzoo.org

#### **Preschool Story Time**

Wednesdays: 10am-10:30am Carpinteria Community Library Sing songs, play games, have fun! www.carpinterialibrary.org

#### State Street Promenade Market

Downtown State Street 900-1000 Blocks of State Street Recurring weekly on Thursday

Hours: 3pm-7pm

Local artisans, non-profits and performers create a local's night for the community to enjoy!

#### **Wednesday Swap Meet**

Ventura County Fairgrounds

Hours: 7am—1pm

10 Harbor Blvd., Ventura www.venturacountyfair.org

#### City of Carpinteria Council Meetings-

January 9th & 23rd — 5:30pm

## Park Happenings:

### DONUT DAYS ARE BACK: Tuesday 3rd — Thursday 5th

Stop by for a sweet treat, we look forward to seeing you!



#### SPONSORED BY PACIFICA HOMES

Looking to trade-in or sell your old home? Stop by the office for more information.





Our office will be **CLOSED**Monday, January 2nd

### Holiday decorations reminder:



Exterior decorations and/or lighting fixtures are permitted but are to be removed within 10 days after the holiday season.



- Every year over 1 million people gather in Times Square, NY to watch the famous ball drop to ring in the new year
- A whopping 1 billion people are estimated to watch it on television
- The first new year's celebration dates back 4,000 years. Julius Caesar, the emperor of Rome, was the first to declare January 1 a national holiday
- Tradition say the more leafy greens a person eats on new year's day signifies prosperity that is to come for them

- The most common resolution made is to exercise (approximately 37% of resolutions are this one)
- About 22% of resolutions fail after about a week:

40% after a month

50% after 3 months & 60% after 6 months

- Americans drink close to 360 million glasses of champagne of new year's
- Kissing someone at midnight is said to prevent loneliness during the coming year



#### General Info:

- Please follow up with removing any weeds and trimming down your plants, or bushes.
- Check gutters for growing weed and debris.
- Dogs off leash is prohibited. Make sure your dog is not getting out and using other properties homesite to go to the bathroom.
- Many homes are in need of pressure wash. Please take time to do this.
- E.J. Harrison will do 1 FREE pick up a year. If there is anything you notice and want to get rid of, schedule with E.J. Harrison directly for your free yearly pick up—805-647-1414
- When writing your check to pay the space rent please be sure to fill out the complete check with the correct amount due.
- It is very important to submit any concerns, complaints or changes to our office in writing. This document will need to be signed and dated by the resident/owner.
- Only manufactures swim wear is permitted in the pool. No T-shirts, cutoffs, shorts are permitted. Diapers are not to be worn in the pool, swim diapers are allowed.
- Also, please remember to tie your hair up.
- All residents must have a pool key with them while in the pool area. Please do not let other people in that don't have their key.



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(805) 804-3540 sales@pacificahomesinc.com

30423 Canwood St. Ste. 206 Agoura Hills, CA 91301

www.pacificahomesinc.com

# MARKETPLACE Sale



If you have something to sell, consider using The Marketplace. It's FREE!

Simply come into the office, provide us with product and contact info and we will advertise it for you.

So whether you need to sell the car or maybe some furniture or other household items,
The Marketplace is the place to go.

Please submit items for sale no later than the 10th of each month.

#### **REMINDERS:**

- Please remember that your driveway and surrounding areas around your home need to be clear of all items not listed below.
  - 11.5(b) Patio furniture, bicycles, and barbecue equipment in good condition are the only objects which may be stored outside the mobile home. Items such as, but not limited to; tools, trash, debris, boxes, barrel, brooms, ladders, and anything else deemed unsightly or unattractive by management shall be stored out of view at managers request.
- \* Please keep in mind that all cars need to be in your mobile home driveway. NO parking is allowed on the street in front of your space. It blocks the street for the neighbors around you, as well as emergency vehicles that need access to our streets at all times. We will be enforcing this throughout the year and would appreciate everyone's assistance!
- Please Remember that any guest staying with you longer than 20 consecutive days or a total of 30 days in a calendar year must be registered with the park.
- Please keep your space free of weeds and debris. Now is a great time to organize your area, get rid of what you don't need, and help make the park look beautiful for everyone to enjoy.