

**SAN ROQUE  
MOBILEHOME  
PARK**

5700 Via Real  
Carpinteria CA 93013  
(805) 684-2722

**Manager:** Diego Jara  
diego@srcmhp.com

**Office Manager:**  
Krystal Venegas  
krystal@srcmhp.com

**THIS MONTH:**

- NATIONAL PUMPKIN SPICE DAY (10/1)
- NATIONAL TACO DAY (10/4)
- NATIONAL BOSS'S DAY (10/16)
- NATIONAL CHOCOLATE DAY (10/28)
- HALLOWEEN (10/31)

**OFFICE HOURS**

Monday-Friday:  
9am-12pm

Rent Collection:  
Mon 2nd—Thurs 5th  
9am—5pm

Rent is due on the  
1st of each month  
and considered late  
if received after  
5:00pm on the 6th of  
each month.

PLEASE MAKE YOUR  
PAYMENT FOR THE EXACT  
AMOUNT, CLEARLY and  
LEGIBLY. BE SURE TO  
DOUBLE CHECK THE AMOUNT,  
DATE and SIGNATURE.

# OCTOBER 2023 PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES  
VISIT US ONLINE [WWW.SANROQUEMHP.COM](http://WWW.SANROQUEMHP.COM)



## 8 Ways to Fight Colds and Flu This Season

1. Wash your hands regularly. This may seem obvious, but it is the best way to remove germs from your hands. A good, thorough scrubbing, for at least 20 seconds with soap and water is the key.
2. Be sure to have sanitizer available. Since soap and water are not always available, keeping hand sanitizer in your car, bag or tote and workspace can do the trick. Products that contain at least 60% alcohol are best.
3. Limit how much you touch your face. Germs can enter your body through your eyes, nose or mouth.
4. Cover your mouth. Whenever you cough or sneeze, make it a habit to do so into a tissue or the crook of your elbow. It's a good idea to teach your kids this trick too!
5. Avoid contact with anyone who's ill, as much as possible. If you get sick, stay home until you're better.
6. Regularly clean surfaces you touch often such as your electronic devices, keyboards, remote controls, door handles and countertops. You can use soapy water and household disinfectants.
7. Be sure not to share items such as cups, silverware or your toothbrushes.
8. Get plenty of sleep, choose healthy foods and get regular exercise. Besides the above-mentioned suggestions, the CDC recommends getting an annual flu vaccine for everyone 6 months and older to avoid getting the influenza.

3	1	6	4	2				7
	2		1			9		
8	4	9			6	1		
				9				5
	5		2		4			
						4	1	9
			7	1				2
				6		7		8
6	9		8			5		

## Sudoku Rules



- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block can be the same.



**YOUR # 1 MOBILE HOME DEALER IN  
SAN ROQUE MHP**

WE SPECIALIZE IN BRAND NEW HOMES & REPLACEMENT HOMES  
ASK ABOUT OUR PACIFICA HOMES "SIGNATURE SERIES"

FOR INQUIRIES, OR TO SELL YOUR HOME,  
PLEASE CONTACT US:

**(805) 804-3540**  
[sales@pacificahomesinc.com](mailto:sales@pacificahomesinc.com)

30423 Canwood St. Ste. 206  
Agoura Hills, CA 91301

[www.pacificahomesinc.com](http://www.pacificahomesinc.com)



Please be on the lookout for trick-or-treaters when driving through the park and be sure to look in all directions and drive slowly when entering or exiting driveways.

Homeowners should have outside porch lights on where trick-or-treaters are welcome.

Have a fun & safe Halloween!



# OCTOBER

## Local Happenings:

**Thursdays:** Carpinteria Farmer's Market  
Hours: 3:00pm - 6:30pm.  
800 block of Linden Ave  
[www.sbfarmersmarket.org](http://www.sbfarmersmarket.org)



### California Avocado Festival

Friday, Oct 6th: 1pm—10pm  
Saturday, Oct 7th: 10am—10pm  
Sunday, Oct 8th: 10am—6pm



Enjoy one of the largest FREE festivals in California with over 60 music acts on four stages!  
This event showcases the endless ways to eat an avocado and attendees can also enjoy various local vendors.  
[avofest.com](http://avofest.com)

### 805 Night Market

Sat, Oct 14th & Sun, Oct 15th: 3pm-10pm  
Earl Warren Showgrounds, Santa Barbara  
The 805 Night Market brings entertainers, foodies, locals, and travelers together to enjoy a night of fun.  
Tickets are FREE and can only be obtained online via Eventbrite. No tickets needed for children under 5.  
[eventbrite.com](http://eventbrite.com)

### Walk to End Alzheimer's

Saturday, Oct 14th: 9am-Registration  
Ceremony: 10am, Walk: 10:15am  
SBBC La Playa Stadium, 721 Cliff Dr  
The world's largest fundraiser for Alzheimer's.  
[alz.org/santabarbarawalk](http://alz.org/santabarbarawalk)

### Santa Barbara Harbor & Seafood Festival

Saturday, Oct 21st: 10am—5pm  
Waterfront Dept., 132 Harbor Way, SB  
Visit specialty food booths for fish tacos, oysters, barbequed albacore & more!  
[harborfestival.org](http://harborfestival.org)



**City of Carpinteria Council Meetings—**  
October 9th & 23rd— 5:30pm

## Park Happenings:

### DONUT DAY:

**Monday, October 2nd**  
Stop by for a sweet treat,  
we look forward to seeing you!



**Rent collection:**  
**Monday, October 2nd—**  
**Thursday, October 5th**

**SPONSORED BY PACIFICA HOMES**  
Looking to trade-in or sell your old home?  
Stop by the office for more information.



JOIN US FOR OUR  
**RESIDENT**  
**APPRECIATION DAY**  
CELEBRATION

**Saturday, October 14th, 2023**  
**12:30PM-3:30PM**

PLEASE REGISTER IN THE OFFICE BY  
**OCTOBER 2ND**  
ONE TICKET PER PERSON  
(RESIDENTS ONLY)

## General Info:

- Please follow up with removing any weeds and trimming down your plants, or bushes.
- Check gutters for growing weeds and debris.
- Dogs off leash is prohibited. Make sure your dog is not getting out and using other properties homesite to go to the bathroom.
- Many homes are in need of pressure wash. Please take time to do this.
- E.J. Harrison will do 1 FREE pick up a year. If there is anything you notice and want to get rid of, schedule with E.J. Harrison directly for your free yearly pick up—805-647-1414
- When writing your check to pay the space rent please be sure to fill out the complete check with the correct amount due.
- It is very important to submit any concerns, complaints or changes to our office in writing. This document will need to be signed and dated by the resident/owner.
- Only manufactures swim wear is permitted in the pool. No T-shirts, cut-offs, shorts are permitted. Diapers are not to be worn in the pool, swim diapers are allowed.
- Also, please remember to tie your hair up.
- All residents must have a pool key with them while in the pool area. Please do not let other people in that don't have their key.



No matter who you are or where you live, breast cancer may touch your life. It's necessary to understand the warning signs of breast cancer, your risk of breast cancer and what's normal for you so you can take action if there are any changes in your breasts or underarm areas.

- **Know your risk.** Knowing your family history is lifesaving.
- **Get screened.** For those at average risk, have a mammogram every year starting at age 40.
- **Know your normal.** It's important to know what's normal for you so you can talk with your health care provider if something doesn't look or feel right.
- **Make healthy lifestyle choices.** Living a healthy lifestyle is within your control and may lower your risk of breast cancer. Maintain a healthy weight, limit alcohol intake and exercise regularly.
- **Take action.** There are many ways you can join our fight to save lives. Your support can help us take action to invest in research and help those facing breast cancer today.

1	3	5	2	4	8	7	9	6
8	4	7	5	6	9	2	3	1
2	9	6	3	1	7	4	8	5
9	1	4	7	5	3	8	6	2
6	7	3	4	8	2	1	5	9
5	8	2	1	9	6	3	7	4
3	2	1	6	7	5	9	4	8
4	6	9	8	3	1	5	2	7
7	5	8	9	2	4	6	1	3

## MARKETPLACE



If you have something to sell, consider using The Marketplace.

It's FREE!

Simply come into the office, provide us with product and contact info and we will advertise it for you.

So whether you need to sell the car or maybe some furniture or other household items, The Marketplace is the place to go.

*Please submit items for sale no later than the 10th of each month.*