

**SAN ROQUE
MOBILEHOME
PARK**

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THIS MONTH:

- **NATIONAL WEAR RED DAY**
(2/2)
- **NATIONAL SEND A CARD
TO A FRIEND DAY** (2/7)
- **NATIONAL PIZZA DAY**
(2/9)
- **VALENTINE'S DAY** (2/14)
- **NATIONAL STRAWBERRY
DAY** (2/27)

OFFICE HOURS

Monday-Friday:
9am-12pm

Rent Collection:
CLOSED Mon 1st
Thurs 1st—Fri 2nd
& Mon 5th
9am—5pm

Rent is due on the
1st of each month
and considered late
if received after
5:00pm on the 6th of
each month.

**PLEASE MAKE YOUR
PAYMENT FOR THE EXACT
AMOUNT, CLEARLY and
LEGIBLY. BE SURE TO
DOUBLE CHECK THE AMOUNT,
DATE and SIGNATURE.**

FEBRUARY 2024 PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES
VISIT US ONLINE WWW.SANROQUEMHP.COM



National Heart Month

February focuses on the heart making it National Heart Month.

Anyone can be at risk for heart disease.

Get moving. Remove stress. Quit smoking. Eat healthier.

Even small changes help make a difference. Reduce the
amount of fast food in your diet. Eat more greens.

Take the stairs. Walk the kids to school. Go outside and play
with the kids or walk the dog.

Talk to your physician about your risk factors. Walking is one
of the healthiest and safest activities we can do for ourselves.

Review these signs for heart disease risk:

High blood pressure. Millions of people in the United States
have high blood pressure, and many are as young as 40 or 50.

If you are one of them, talk to your doctor about ways to
control it.

High cholesterol, diabetes and obesity are all conditions
that can increase your risk for heart disease. If you fall in this
category, work on eating healthy and getting some physical
activity a few times a week.

Smoking cigarettes. Over 35 million adults in America are
smokers, and thousands of young people pick up the habit
daily. If you're a smoker, do your best to quit or cut down.
It's what's best for your health.

1		5	9		6			
2	4		7					
				1	2	3		5
3	2				7			
7				5		6		
	8		4	6		7		3
	5		3		4		6	7
9	6					8		

Sudoku Rules



- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block can be the same.

MARKETPLACE



If you have something to sell,
consider using
The Marketplace.

It's FREE!

Simply come into the office,
provide us with product and
contact info and we will
advertise it for you.

So whether you need to sell
the car or maybe some
furniture or other household
items, The Marketplace is the
place to go.

*Please submit items for sale no
later than the 10th of each
month.*

Happy Groundhog Day!

Groundhog Day is the most
watched weather forecast of the
year in America. It has been
celebrated since February 2, 1886.

Punxsutawney Phil is the most famous groundhog
of all. He is said to be 100 years old. Every year
more than 40,000 people gather at Gobbler's
Knob in Punxsutawney, Pennsylvania to see what
Phil will predict.

Punxsutawney Phil's
predictions have a
40-60% accuracy.



If I see my
shadow, there
will be 6 more
weeks of winter.



If I don't see
my shadow,
there will be
an early spring.

FEBRUARY

Local Happenings:

Thursdays: Carpinteria Farmer's Market
Hours: 3:00pm – 6:30pm.
800 block of Linden Ave
www.sbfarmersmarket.org



Santa Barbara International Film Festival
February 7—17

Oscar contenders and the industry's best gather for 11 days of film screenings at various locations in Santa Barbara, celebrity tribute events, panel discussions and after parties.

For more information or to purchase a pass or individual tickets visit sbiff.org

The Santa Barbara Antique Decorative Arts & Vintage Show & Sale

Friday, February 23rd: 11am—6pm

Saturday, February 24th: 11am—6pm

Sunday, February 25th: 11am—4pm

Earl Warren Showgrounds

3400 Calle Real, Santa Barbara

Cash only at the door for the admission fee and is good for all 3-days! Parking is FREE.

sbantiqueshow.com

Carpinteria Community Library Events

5141 Carpinteria Ave

Mind Games

Mondays: 2pm

A fun supportive class, focusing on keeping adult minds sharp.

Spanish Conversation Group

Tuesdays: 1pm

Looking to improve your Spanish speaking skill? Join the Carpinteria Community Library!

Friday Fun Day

Fridays: 10am—12pm

Unstructured open play with Magna-tiles, Brio trains, Kapla blocks and the occasional messy project. For ages 3-11ish.

City of Carpinteria Council Meetings—

February 8th & 22nd— 5:30pm

Park Happenings:

DONUT DAY:

Thursday, February 1st
Stop by for a sweet treat,
we look forward to seeing you!



Rent collection:

Thursday, February 1st —
Friday, February 2nd
& Monday, February 5th

SPONSORED BY PACIFICA HOMES
Looking to trade-in or sell your old home?
Stop by the office for more information.



HAPPY
Valentine's
DAY

Wednesday, February 14th

HAPPY
President's
DAY

Monday, February 19th



**YOUR # 1 MOBILE HOME DEALER IN
SAN ROQUE MHP**

WE SPECIALIZE IN BRAND NEW HOMES & REPLACEMENT HOMES
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2	9	5	8	7	6	3	1	4
4	3	8	1	2	5	7	6	9
7	6	1	4	9	3	2	5	8
3	2	7	9	6	4	1	8	5
1	8	6	3	5	2	4	9	7
9	5	4	7	8	1	6	2	3
5	4	3	2	1	8	9	7	6
6	1	9	5	3	7	8	4	2
8	7	2	6	4	9	5	3	1

Carpinteria has an app!



Have you downloaded the app yet?

The new City of Carpinteria app allows users to report an issue like a pothole or gain quick access to the City website and all its valuable information. The City of Carpinteria app features access to the following city resources:

- Submit requests/concerns with the easy access "Start Request" button
- Provide multiple photos when submitting a request
- Track requests and send messages to City Hall Staff regarding the status of a request
- Access Frequently Asked Questions through the fully searchable database

The app is FREE and available in the Apple App Store or Google Play Store.

Calling all Seniors Sign up for AgeWell



Becoming a member allows you to access a variety of classes, lectures, excursions, interest clubs, Special Speakers Series and social events.

Registration is FREE!

Learn more about AgeWell and sign up for a free AgeWell membership
carpinteriaca.gov/agewell/

Visit the website below for a full calendar of events
carpinteria.gov/agewell/calendar-of-events