SAN ROQUE MOBILEHOME PARK

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THIS MONTH:

- NATIONAL WEAR RED DAY (2/2)
- NATIONAL SEND A CARD TO A FRIEND DAY (2/7)
- NATIONAL PIZZA DAY (2/9)
- VALENTINE'S DAY (2/14)
- NATIONAL STRAWBERRY DAY (2/27)

OFFICE HOURS
Monday-Friday:
9am-12pm
Rent Collection:
CLOSED Mon 1st
Thurs 1st—Fri 2nd
& Mon 5th
9am—5pm

Rent is due on the 1st of each month and considered late if received after 5:00pm on the 6th of each month.

PLEASE MAKE YOUR
PAYMENT FOR THE EXACT
AMOUNT, CLEARLY and
LEGIBLY. BE SURE TO
DOUBLE CHECK THE AMOUNT,
DATE and SIGNATURE.

FEBRUARY 2024 PARK NEWS

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES VISIT US ONLINE WWW.SANROQUEMHP.COM



National Heart Month

February focuses on the heart making it National Heart Month.

Anyone can be at risk for heart disease.

Get moving. Remove stress. Quit smoking. Eat healthier.

Even small changes help make a difference. Reduce the amount of fast food in your diet. Eat more greens. Take the stairs. Walk the kids to school. Go outside and play with the kids or walk the dog.

Talk to your physician about your risk factors. Walking is one of the healthiest and safest activities we can do for ourselves.

Review these signs for heart disease risk:

High blood pressure. Millions of people in the United States have high blood pressure, and many are as young as 40 or 50. If you are one of them, talk to your doctor about ways to control it.

High cholesterol, diabetes and obesity are all conditions that can increase your risk for heart disease. If you fall in this category, work on eating healthy and getting some physical activity a few times a week.

Smoking cigarettes. Over 35 million adults in America are smokers, and thousands of young people pick up the habit daily. If you're a smoker, do your best to quit or cut down.

It's what's best for your health.

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7				5		6		
	8		4	6		7		3
	5		3		4		6	7
9	6					8		

Sudoku Rules



- Each column must contain all of the numbers 1 through 9 and no two numbers in the same column can be the same.
- Each row must contain all of the numbers 1 through 9 and no two numbers in the same row can be the same.
- Each block must contain all of the numbers 1 through 9 and no two numbers in the same block can be the same.

MARKETPLACE



If you have something to sell, consider using The Marketplace.

It's FREE!

Simply come into the office, provide us with product and contact info and we will advertise it for you.

So whether you need to sell the car or maybe some furniture or other household items, The Marketplace is the place to go.

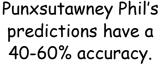
Please submit items for sale no later than the 10th of each month.

Happy Groundhog Day!

Groundhog Day is the most watched weather forecast of the year in America. It has been celebrated since February 2, 1886.

Punxsutawney Phil is the most famous groundhog of all. He is said to be 100 years old. Every year more than 40,000 people gather at Gobbler's Knob in Punxsutawney, Pennsylvania to see what Phil will predict.

If I see my shadow, there will be 6 more weeks of winter.





If I don't see my shadow. there will be an early spring.



Local Happenings:

Thursdays: Carpinteria Farmer's Market

Hours: 3:00pm - 6:30pm. 800 block of Linden Ave www.sbfarmersmarket.org



Santa Barbara International Film Festival

February 7—17

Oscar contenders and the industry's best gather for 11 days of film screenings at various locations in Santa Barbara, celebrity tribute events, panel discussions and after

For more information or to purchase a pass or individual tickets visit sbiff.org

The Santa Barbara Antique Decorative Arts & Vintage Show & Sale

Friday, February 23rd: 11am—6pm Saturday, February 24th: 11am—6pm Sunday, February 25th: 11am—4pm

Earl Warren Showgrounds 3400 Calle Real. Santa Barbara

Cash only at the door for the admission fee and is good for all 3-days! Parking is FREE.

sbantiqueshow.com

Carpinteria Community Library Events

5141 Carpinteria Ave

Mind Games

Mondays: 2pm

A fun supportive class, focusing on keeping adult minds sharp.

Spanish Conversation Group

Tuesdays: 1pm

Looking to improve your Spanish speaking skill? Join the Carpinteria Community Library!

Friday Fun Day

Fridays: 10am—12pm

Unstructured open play with Magna-tiles, Brio trains, Kapla blocks and the occasional messy project. For ages 3-11ish.

City of Carpinteria Council Meetings—

February 8th & 22nd—5:30pm

Park Happenings:

DONUT DAY:

Thursday, February 1st Stop by for a sweet freat, we look forward to seeing you!



Rent collection:

Thursday, February 1st — Friday, February 2nd & Monday, February 5th

SPONSORED BY PACIFICA HOMES

Looking to trade-in or sell your old home? Stop by the office for more information.





Wednesday, February 14th



Monday, February 19th



YOUR # 1 MOBILE HOME DEALER IN SAN ROQUE MHP

WE SPECIALIZE IN BRAND NEW HOMES & REPLACEMENT HOMES ASK ABOUT OUR PACIFICA HOMES "SIGNATURE SERIES"

FOR INQUIRIES, OR TO SELL YOUR HOME.
PLEASE CONTACT US:

(805) 804-3540 sales@pacificahomesinc.com

30423 Canwood St. Ste. 206 Agoura Hills, CA 91301

www.pacificahomesinc.com

Calling all Seniors Sign up for AgeWell



Becoming a member allows you to access a variety of classes, lectures, excursions, interest clubs, Special Speakers Series and social events.

Registration is FREE!

Learn more about AgeWell and sign up for a free AgeWell membership

carpinteriaca.gov/agewell/

Visit the website below for a full calendar of events carpinteria.gov/agewell/calendar-of-events

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Carpinteria has an app!



Have you downloaded the app yet?

The new City of Carpinteria app allows users to report an issue like a pothole or gain quick access to the City website and all its valuable information. The City of Carpinteria app features access to the following city resources:

- Submit requests/concerns with the easy access "Start Request" button
 - Provide multiple photos when submitting a request
- Track requests and send messages to City Hall
 Staff regarding the status of a request
- Access Frequently Asked Questions through the fully searchable database

The app is FREE and available in the Apple App Store or Google Play Store.