NOVEMBER 2026

Park News

GIFTED WITH BEAUTIFUL MOUNTAINS AND OCEAN BREEZES

VISIT US ONLINE WWW.SANROQUEMHP.COM

SAN ROQUE MOBILEHOME PARK

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THIS MONTH:

- National Family Literacy Day 11/1
- National Donut Day 11/5
- National Sundae Day 11/11
- National Homemade Bread Day 11/17
- National Espresso Day 11/23

OFFICE HOURS

Monday - Friday

9am - 12pm

Rent is due on the 1 st of each month and considered late after 5:00 pm on the 6th of each month

PLEASE MAKE YOUR PAYMENTFOR THE EXACT AMOUNT, CLEARLY and LEGIBLY. BE SURE TO DOUBLE CHECK THE AMOUNT,DATE AND SIGNATURE.



NATIONAL DIABETES MONTH

Diabetes impacts more than 30 million people in the United States. From the physical, emotional, and social effects to the financial and damaging health consequences, diabetes can happen to anyone.

There are two types of diabetes. While Type 1 diabetes is not as preventable, it can be managed well with insulin injections. Managing Type 1 diabetes might also require frequent blood sugar monitoring, eating healthy foods, exercising regularly, and maintaining a healthy weight. Education is key to learning how to manage symptoms of Type 1 diabetes. However, type 2 is much more preventable, and some actions can be taken.

- Get a physical. Regular checkups let us know where we stand and what changes we need to make. Ask questions, too!
- When we make small changes, we are more likely to stick with them. So, add one or two small changes at a time, instead of huge sweeping changes.
- Keep track of your goals. We are more likely to be honest if we write down our daily intake than if we just guess.
- Get a buddy. It's more fun when we make changes together than if we go it alone.
- Learn more from the American Diabetes Association.

HOW TO OBSERVE

Help prevent type 2 diabetes. Learn about the causes of type 1 diabetes and how to control it. Find out how new medications are making it easier to control blood sugar and insulin levels. Learn about a healthy diet, exercise, and how to control diabetes. Known your number and get involved. If you have questions about your diabetes, be sure to speak with your doctor. They are your best resource for staying in control. Use #NationalDiabetesMonth to post on social media.

November

Local Happenings:

Thursdays: Carpinteria Farmer's Market
Hours: 2:30pm-6:30 pm
800 block of Linden Ave
www.sbfarmersmarket.com



the SANTA BARBARA ANTIQUE Decorative Arts & Vintage Show & Sale

NOVEMBER 20-22, 2026

Over 60 Quality Dealers from
the 17th Century to Mid Century.
HOURS: Friday & Saturday | 11am-6pm,
Sunday |11am-4pm
ADMISSION: Adult - $10, Seniors - $7.00,
Children under 12 FREE
Earl Warren Showgrounds with FREE PARKING
3400 Calle Real, Santa Barbara
www.sbantiqueshow.com

TEEN MOVIE NIGHT



THE CARPINTERIA TEEN ADVISORY BOARD PROUDLY PRESENTS...

TEEN MOVIE NIGHT: THE PRINCESS BRIDE

CARPINTERIA COMMUNITY LIBRARY IN THE COMMUNITY ROOM 5141 CARPINTERIA AVENUE CARPINTERIA, CA 93013

NOVEMBER 14TH FROM 6PM TO 8PM!

POPCORN WILL BE SERVED.

City of Carpinteria Council Meetings
November 9th and 23rd - 5:30 pm

Park Happenings:

SAN ROQUE MOBILE HOME PARK HOSTS DONUT DAY:
Monday, November 2nd



Stop by for a treat,
we look forward to seeing you!
Rent collection:
Monday, November 2nd - Thursday,
November 5th

★ ★ ★ ★ ★
VETERANS DAY
HONORING ALL WHO SERVED

WEDNESDAY NOVEMBER, 11TH



OFFICE WILL BE CLOSED
THURSDAY NOVEMBER 26TH AND
FRIDAY NOVEMBER 27TH

Pacifica Homes

YOUR # 1 MOBILE HOME DEALER IN SAN ROQUE MHP

WE SPECIALIZE IN BRAND NEW HOMES & REPLACEMENT HOMES
ASK ABOUT OUR PACIFICA HOMES "SIGNATURE SERIES"

FOR INQUIRIES, OR TO SELL YOUR HOME.
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sales@pacificahomesinc.com

30423 Canwood St. Ste. 206
Agoura Hills, CA 91301

www.pacificahomesinc.com

GENERAL INFO:

- **RESIDENTS ARE NOT PERMITTED TO PARK IN THE VISITOR/GUEST PARKING AREA UNLESS AUTHORIZED BY MANAGEMENT**.
- **A TWO (2) WEEKS** ADVANCE NOTICE IS REQUIRED TO RESERVE THE CLUBHOUSE.
- **PLEASE REMEMBER** ANY SUGGESTIONS OR COMPLAINTS MUST BE PUT INWRITING, ALONG WITH YOUR SIGNATURE, SO THAT THEY CAN BE ADDRESSED BY MANAGEMENT.
- **Home/Homesite Improvements:** Don't forget to get Management approvalbefore undertaking any exterior improvements such as painting or additions to your homesite, i.e. landscaping, sheds, etc.
- PLEASE OBSERVE AND SHOW COURTESY FOR YOURNEIGHBORS BY ADHERING TO QUIET **HOURS: FROM 10:00PM – 8:00AM**
- DON'T FORGET TO REGISTER ANY PERSON LIVING WITH YOU.
- **DOGS AND CATS OFF LEASH IS NOT PERMITTED**.MAKE SURE YOUR DOG OR CAT IS NOT ABLE TO GET OUT OF YOUR HOME AND PLEASE DO NOT ALLOW YOUR PET TO DO ITS "BUSINESS" IN THE COMMON AREAS OR HOMESITES.

YOUR COOPERATION IS APPRECIATED!!!

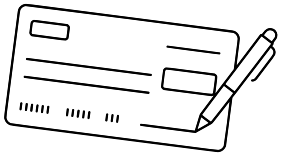
Our office will be closed on:
Monday, November 30th &
Tuesday, December 1st
Please ensure that any applications or other park-related business are submitted on or before November 25th. For any necessary appointments, feel free to reach out to the office.



The Holidays are here and we realize that many of you have friends and family visiting, please remember that you are responsible for their conduct while they are in the park.
Please have guests use designated parking areas while they are visiting.



set your clock back an hour
Sunday November 1st



Friendly REMINDER:
All Checks/money orders must be filled out in black or blue ink only

Thanksgiving

Find and circle all of the words that are hidden in the grid.
The remaining 26 letters spell a popular Thanksgiving Day event.

M A C P I L G R I M S P A R A D E
S M A Y S W E E T P O T A T O Y N
G N I R E H T A G S H T H G A O S
D N P L L A B T O O F F R N I C E
O S U C K S N S L G E A O N R L O
O T M I E R E I V S V I U A A D T
F U P I O L D V T Y T E N U N G A
R F K C N A E I I I R B N E N A T
I F I Y Y O V B D T E N K G H O O
E I N D A A V A R R A E A Y T N P
N N P N L D R E R A E L T P U A D
D G I A M T S Y M W T R E F O P E
S Y E K R U T R G B A I E R M M H
H A R V E S T N U V E A O E Y A S
H S A U Q S O U E H S R A N L W A
R F A M I L Y L A T T L A D P E M

ANNUAL
AUTUMN
CELEBRATION
CORN
CRANBERRY
FAMILY
FEAST
FESTIVAL
FOOD
FOOTBALL
FRIENDS
GATHERING
GRAVY
HARVEST
HOLIDAY
LONG WEEKEND
MASHED POTATOES
MEAL
NOVEMBER
PARADE
PILGRIMS
PLYMOUTH
PUMPKIN PIE
RELATIVES
REUNION
SQUASH
STUFFING
SWEET POTATO
THURSDAY
TRADITION
TRAVEL
TURKEY
WAMPANOAG
YAMS

